

STUDIO CLASSES (1:8)
DYNAMIC MATWORK & BARRE 2025 TIMETABLE
JULY ONWARDS



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
9:30				DYNAMIC BARRE with SERJI
10:30	DYNAMIC MATWORK with TARA			
12:00		DYNAMIC BARRE with SERJI		
13:00				
18:00		DYNAMIC MATWORK with HANNAH		
19.00	DYNAMIC MATWORK with HANNAH	DYNAMIC MATWORK with HANNAH	DYNAMIC MATWORK with HELEN	

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