



GROUP REFORMER PILATES / CIRCUIT (1:6) TIMETABLE 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
08.30	HELEN	MIRANDA		MIRANDA	TARA	SERJI or HELEN or GEORGIA
9.00	TARA (CIRCUIT)					
09.30	HELEN	MIRANDA	MIRANDA	MIRANDA	ARION	SERJI or HELEN or GEORGIA
10.30	HELEN		TARA			
11.30				SERJI		SERJI or HELEN or GEORGIA
12.00	SERJI		HELEN		ARION	
13.00		SERJI			TARA	
14.00		SERJI		RHEN		
18.00	SERJI	SERJI	HELEN	RHEN		
19.00	SERJI	SERJI		GEORGIA		